



May 2026

**INFORMATION FOR PHYSICIANS, NURSE PRACTITIONER OR OTHER MEDICAL  
PROVIDER OF DELEGATES TO  
AMERICAN LEGION AUXILIARY GIRLS STATE**

Your patient has been selected to attend American Legion Auxiliary Arizona Girls State on the campus of the University of Arizona, in Tucson, Arizona, May 31-June 7, 2026. We would like to stress that this is a 7-day session which is physically, mentally and emotionally strenuous. The program is structured as a very intense learning situation and involves walking from the dorm to classrooms and around the campus during the day and night.

The American Legion Auxiliary has registered nurses on staff 24 hours a day during our entire session. If your patient develops a problem, which our medical personnel feel deserves the attention of a physician; she will be taken to the emergency room at Banner University Medical Center, St. Mary's Hospital or Tucson Medical Center. We have experienced excellent cooperation with these hospitals, and they have been very helpful to our American Legion Auxiliary Arizona Girls State Staff, the parents/guardians, and physicians of our Girls State citizens.

Please complete the American Legion Auxiliary Arizona Girls State medical form, which your patient has given you and attach an additional sheet if there is any further information that you feel would be helpful. **This is not a complete physical. It is a well checkup to make sure patients are okay to attend the program.** This is why insurance wants the checkup done within 4 weeks of the program.

We request that you advise our medical personnel of any serious past conditions or problems, so we can give your patient any special care she may need. For instance, has the patient ever had rheumatic fever, a problem with nosebleeds or fainting, nervous conditions, etc. Our medical personnel need pertinent information in case treatment is required during her stay at Girls State.

If your patient becomes ill or have any problem immediately before attending Girls State from May 31-June 7, 2026, we would appreciate a release from you stating she is able to maintain the schedule at Girls State. Included in the release, please give us your orders for treatment she should receive for her condition, as well as any trouble signs to watch for.

We appreciate your cooperation and thank you for your assistance. Please be assured that all information is kept strictly confidential and in compliance with HIPPA guidelines for camps and shredded after 3 years.

Penny Maklary...Director